

CHEESY MAC-O-LANTERNS





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Preparation time: 15 minutes Cooking time: 25 minutes

Serves: 8

Difficulty: ★★★

75g unsalted butter 50g plain flour 2 cups warm milk 2½ cups boiling water 250g dried macaroni pasta 1½ tsp garlic powder

1½ tsp onion powder

1½ tsp dried sage sea salt flakes and freshly-ground white pepper 1 cup grated mozzarella 1½ cups grated Colby cheese 8 small orange or red capsicums

1½ tsp mustard powder

1 Combine the butter and four in a large saucepan set over a moderate heat and cook for 1 minute, until it resembles wet sand. Whisk in the milk and bring to a simmer, whisking constantly. Add the water and simmer again.

2 Mix in the paste and spices, then season generously with salt and pepper. Stirring well. Boil rapidly for 5 minutes, stirring often, then reduce the heat to moderate and simmer for a further 15 minutes, until the pasta is all dente.

3 Stir in the cheeses, then set aside for 5 minutes.

4 Use a small sharp knife to carve a ghoul face into the side of each capsicum, then remove the lid and seeds. Fill with macaroni mixture, then set the lid back on again.