

BARBECUED MARMALADE CHICKEN





BARBECUED MARMALADE CHICKEN

Preparation time: 20 minutes Cooking time: 45 minutes

Serves: 4-6

size 20 chicken sea salt flakes and freshly ground black pepper ½ cup orange marmalade juice of 2 limes 2 Tbsp macadamia oil 2 cloves garlic, minced 4cm piece turmeric, minced 2 Tbsp extra virgin olive oil ½ cup golden syrup cos lettuce, pickles, grilled flatbread and tzatziki to serve

- **1 Preheat** oven to 200°C. Use a sharp pair of scissors to remove the chicken's backbone, then pat dry inside and out with kitchen paper. Season generously with salt and pepper.
- **2 Combine** the marmalade, lime juice, macadamia oil, garlic and turmeric in a blender, then purée until very smooth. Load half the mixture into a meat injector and inject into the breasts and thighs of the chicken. Set aside for 30 minutes.
- **3 Rub** the chicken with extra virgin olive oil, then arrange over a moderate barbecue grill and cook for 10 minutes, turning several times, until well-browned. Transfer to a rack over a baking tray then continue cooking. Stir the golden syrup into the remaining marinade, then begin basting the chicken every 5 minutes, until the chicken is firm to touch and glazed, about 35 minutes. Carve, then serve with cos, pickles, grilled flatbread and tzatziki.

