

MUSTARD-PICKLED



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MUSTARD-PICKLED CUCUMBER

Preparation time: 10 minutes Cooking time: 10 minutes Makes: 4 jars

2 Lebanese cucumbers
1 red onion
1/4 cup fine salt
500ml white vinegar
1/4 cup caster sugar
2 tsp yellow mustard seeds
2 tsp ground turmeric

1 Slice the cucumbers and onion finely, then toss with the salt. Stand for 1 hour, then rinse lightly and drain. Pack into 450ml screwtop jars. Combine the vinegar, sugar, seeds and turmeric in a medium saucepan, once simmering pour over the cucumbers and seal the jars while hot. Store in a cool dark place for 2 weeks before use.

